

# How to Share Your Mammogram Report with the WISDOM Study



An important aspect of the WISDOM Study is an ongoing review of your breast health history and breast density, which is found on your mammogram report. This document provides guidance on finding your mammogram report and sharing it with the WISDOM Study.

## 1 Locate your mammogram report

### MyChart

If you access your medical records via MyChart, please watch this short [VIDEO](#) on how to find your mammogram report in your MyChart portal.

### Veterans Affairs

If you seek care at the VA, please visit this [LINK](#) which details how to sign up for a HealtheVet account and share your mammogram report with us.

### Other

Not a MyChart or HealtheVet user? Not a problem. Just let us know, and we can request your mammogram report directly from your facility.

## 2 Be sure you have the right document

The mammogram report is a clinical report that contains a breast density category and a BIRADS score. The table below shows numbers, scores and terms found in a mammogram report, to help confirm you're looking at the correct document.

### Breast Density

Score	Definition
1	"Fatty", "entirely fatty"
2	"Scattered areas of fibro-glandular density"
3	"Heterogeneously dense"
4	"Extremely dense"

### BIRADS Categories

Score	Definition
0	Needs additional imaging
1	Negative
2	Benign
3	Probably benign
4	Suspicious
5	Highly suggestive of malignancy
6	Known biopsy-proven

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For additional guidance on identifying the correct report:

- View a sample mammogram report [HERE](#).
- Watch this short [VIDEO](#) on identifying the correct mammogram report.

### **3 Share your mammogram report with us**

Once you have a copy of your mammogram report, there are a few ways to share the report with us.

#### **Upload a mammogram report to the WISDOM Study portal**

- If you have a PDF copy of your mammogram report, please [LOGIN](#) to your WISDOM Study portal and upload the mammogram report using the Upload Your Mammogram Report link under “Quick Links.”
- For more assistance, watch this short [VIDEO](#) on uploading your mammogram report to your WISDOM portal.

#### **Email, fax or mail your mammogram report**

If don't have a PDF electronic version of your mammogram report, you can mail a paper copy, or email or fax it to us at the address below.

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